

Understanding Of Trypan Blue Cytological Staining Increment Due To Biological Membrane Peroxidation

Suman Kalyan Das^{1*}

^{1*}M.Sc. in Biotechnology, The University of Burdwan, West Bengal, India

Email: dassumankalyan900@gmail.com

Abstract

Trypan Blue is an azo dye that extensively uses a marker to distinguish between viable and dead cells. This is because the plasma membranes of viable or live cells remain intact to uptake the Trypan Blue molecules, whereas in the case of non-viable or dead cells, there is the occurrence of membrane pores which may often be due to alterations like Phosphatidyl Serine inversion to the outer leaflet of their plasma membranes. Besides this, microvesicles or apoptotic bodies are formed due to membrane budding, which ultimately leads to the entry of Trypan Blue molecules if these cells are exposed to Trypan Blue. Moreover, Hydrogen peroxide (H₂O₂) has a pivotal contribution in oxidative stress-mediated and redox signaling-mediated cytological mortality. Due to its hydrophilicity, it can impact the property of selective permeability of plasma membranes. Being an oxidizing agent, H₂O₂ initiates halting at times of the progression of the cell cycle. It is evident that H₂O₂ accumulation in the cytoplasm triggers apoptosis. Apart from this, H₂O₂ can cause lipid peroxidation, which is perhaps the most valid aspect of Trypan Blue entry when both Trypan Blue and Hydrogen peroxide are simultaneously introduced to the viable cells, leading to their death with the passage of time.

Introduction

As is established from the aforementioned facets, the higher the concentration of Hydrogen peroxide (H₂O₂), the lesser the viability of cells, and in turn, more pore formation at the plasma membrane and, ultimately, more the entry of Trypan Blue molecules. The blue coloration of dead cells is due to the interaction of Trypan Blue molecules with cytoskeletal or intracellular proteins. The process of lipid peroxidation occurs via three steps: Initiation, Propagation and Termination. In the Initiation step, the Hydrogen, which is one Carbon away from the unsaturation, is removed by the Hydroxyl radical liberated from Hydrogen peroxide. As a result, a water molecule is released in the process, along with the formation of lipid radicals. Next, in the Propagation step, half of the molecules of lipid radical are reduced, and half of them are oxidized with the oxygen molecules of Hydrogen peroxide. The oxidized forms are regarded as Lipid peroxy radicals. Lastly, in the step of Termination, the Lipid peroxy radicals are, in turn, reduced.

Main context

It was found that a well-known chemical molecule used in cytological studies, regarded as Trypan Blue, stains dead cells. Interestingly, the extent of staining is increased by introducing another chemical known as hydrogen peroxide.

As Peter Abelard quoted, “The master key of knowledge is, indeed, a persistent and frequent questioning.” In Science, we are used to the two words, ‘how’ and ‘why.’ Keeping this in mind, let us elaborate on the context of Trypan Blue cell staining increment with Hydrogen peroxide administration.

Before diving into the evidence, it is to be noted that with the implementation of Hydrogen peroxide, the living cell’s boundary, which is regarded as a Plasma membrane, is exposed to the chemical, in turn leading to a phenomenon called ‘Lipid peroxidation’. The phrase is evident from

the fact that the ‘lipid’ molecules are building blocks of the Plasma membrane, and ‘peroxidation’ suggests that the lipid molecules are getting oxidized by oxidizing agents like Hydrogen peroxide in this case. This, in turn, leads to cavity formation at the surfaces of Plasma membranes. The cavities, in turn, permit the Trypan Blue molecules to enter the interior of cells. Now, being inside the cells, the Trypan Blue molecules interact with the Microglobulin protein molecules, which are already present inside the cells. In this context, it is worth mentioning that the interior of cells is regarded as Cytoplasm. The Cytoplasm comprises the solid part, Cytoskeleton and the liquid part, Cytosol. The microglobulin protein, which is considered in this case to be beta 2 microglobulin, is located adjacent to the cell surface’s alpha 3 chain.

Let us plunge into the elaborative context of lipid peroxidation. When the oxidation of one lipid molecule is followed by another lipid molecule up to the paramount limit, the chemical reaction is a chain oxidation reaction, which is otherwise regarded as lipid peroxidation. The end product is a lipid molecule with one or more than one Oxygen-Oxygen that is O-O interactions, known as Lipid peroxide. Well, the peroxidation reaction of lipid molecules is started by reactive Nitrogen species, intermediates of Biochemical reactions, various free radicals, reactive oxygen species, and a combination of reactive Nitrogen and reactive oxygen species [1]. At times, the metabolism of Xenobiotics activates the synthesis of free radicals, which, in turn, causes the peroxidation of lipid molecules. This phenomenon encapsulates

three phases: initiation, propagation, and termination.

The chain reactions continue to occur with the initiation phase and halt with the formation of end products at the termination phase. These end products are basically hydroperoxides of lipids and aldehydes like Hexanal, Propenal, 4-hydroxynonenal, and Malondialdehyde. Consequently, irreversible damage occurs at cytological, nuclear, mitochondrial, plastid, vacuolar, endoplasmic reticulum, ribosomal, Golgi apparatus, lysosomal, and peroxisomal membranes. These are regarded as 'Biological membranes'. Besides these, damage also occurs to biomacromolecules like nitrogenous bases, monosaccharides, oligosaccharides, nucleosides, nucleotides, amino acids and biomacromolecules such as proteins, polysaccharide sugars, Deoxyribo Nucleic Acids (DNAs), Ribo Nucleic Acids (RNAs). The biomacromolecules are comparatively in more jeopardy than the micromolecules in terms of getting structurally modified. It is fascinating to note that few end products of lipid peroxidation, like 4-hydroxynonenal, are evident to act as signaling molecules as they impact the expression of various genes *in vitro* (outside living organism) and *in vivo* (inside living organism). Antioxidants like Glutathione, Ascorbic acid (Vitamin C), Vitamin E, beta-carotene and related carotenoids, Caffeic acid, tocopherol, etc., antagonize the formation of free radicals due to which peroxidation of lipids get decreased.

When the temperature is increased, peroxides of lipid molecules get degraded to form aldehydes, ketones, acids and epoxides. The amphiphilic lipid molecules create extensive bilayers of biological membranes. The bilayer consists of non-polar hydrophobic fatty acids facing the interior and polar or hydrophilic phosphate head groups at the exterior sides. The fatty acids are vulnerable to peroxidation as they contain multiple double bonds amidst the constituting Carbon atoms. Due to this fact, the fatty acids are demarcated as 'polyunsaturated' where 'poly' stands for multiple and 'unsaturated' designates double or triple bond(s) having sigma bond and at least one pi bond. The constitutive Poly Unsaturated Fatty Acids (PUFA) primarily are docosahexaenoic acid and arachidonic acid. They can be either incorporated in phospholipid and triglyceride or isolated state.

Determination of lipid peroxidation can be qualitative or quantitative. The criteria of measurement can be a decrement in antioxidant, concentrations of hydrocarbons and carbonyls, concentrations of primary peroxidation products, and the amount of fatty acid loss. Techniques like High-Performance Liquid Chromatography (HPLC) and Gas Liquid Chromatography (GLC) are implemented to estimate polyunsaturated fatty acids' dissipation. In the case of HPLC, chemiluminescence detectors are used to quantify lipid hydroperoxides. Lipid hydroperoxides are primary products of lipid peroxidation. Besides this, Glutathione peroxidase and Iodine release approaches are sometimes practiced to evaluate lipids' peroxides. During titration, lipid peroxides and thiosulfate oxidize Iodide ion (I⁻) to Iodine (I₂). This depletion of thiosulfate indirectly determines the amount of lipid peroxide. The hydroperoxides and Hydrogen peroxides act as oxidants of glutathione, where glutathione is itself an antioxidant. In connection with the amount of peroxide, reduction to glutathione is accomplished by introducing Nicotinamide Adenine Dinucleotide Phosphate Hydrogen (NADPH) and glutathione reductase, where NADPH gets consumed. The reaction intermediates are radicals that are confined by administering phenyl-t-butyl nitron. Here, phenyl-t-butyl nitron is regarded as a Spin trap as it is an organic chemical molecule that reacts with the initially spawned and momentary radicals of low quantity in order to form stable radical products. HPLC and GLC can also estimate degraded lipid peroxides like toxic aldehydes and gases of hydrocarbons. 8-oxo-2'-deoxyguanosine (8oxodG) is a lipid peroxidation product and a marker for DNA oxidative damage. The amount of 8oxodG can be measured by HPLC connected to an Electron Capture Detector (ECD) or by an immune technique known as Enzyme-Linked Immunosorbent Assay (ELISA).

Apart from the aforementioned lipid peroxidation quantification techniques, a few more methods are extensively performed. These are the determination of diene conjugation and the thiobarbituric acid (TBA) test. The diene conjugations are entities that are composed of double bonds and single bonds in an alternative manner. These structures are produced from lipid peroxidation and absorb light at a wavelength range of 230 to 235 nanometres, which comes under the Ultra Violet (UV) radiation spectrum. In tissue lipid isolates, the UV radiation absorption is allied with the amount of diene conjugates. Since the aspect involves lipids extracts, the lipid peroxidation degree can also be determined from this aspect.

Well, newer approaches that are utilized in the regime are the 8-iso-prostaglandin F_{2a} assay and the 4-hydroxynonenal assay. Hydroxynonenal (HNE) and malondialdehyde (MDA) are regarded as Advanced Lipid peroxidation End products (ALEs). This is because both HNE and MDA can interact with proteins which leads to the production of stable adducts. ALE can be acetaldehyde, formaldehyde, propanal, hexanal, 4-hydroxy-2-hexenal, glyoxal, methylglyoxal, or acrolein. Aging and oxidative stress-oriented disorders like diabetes, neurodegenerative disorders, or atherosclerosis cause Reactive Carbonyl Compounds (RCCs) and glycoxidation products of sugar to get stored. Pathological impacts such as inflammation, apoptosis, cellular toxicity and cytological malfunction, protein dysfunction and tissue injuries occur because of RCCs. This is due to carbonyl stress caused by RCCs, which in turn form protein cross-links from adducts. The structures and functions of already oxidized proteins are altered via more attachment of ALEs with proteins. Adduct synthesis is achieved by precisely reacting 4-HNE with the polar amino acid residues like Histidine, Cysteine and Lysine. ELISA techniques are designed to estimate and discern these adducts quickly. A Bovine Serum Albumin (BSA) standard curve is established by plotting the adduct concentration on the X-axis as the parameter of concentration change is an independent variable, and independent variables are generally plotted at the X-axis. The

absorbance is plotted at the Y-axis due to the fact that absorbance alteration depends on concentration change, hence making it a dependent variable, and the dependent variables are usually plotted at the Y-axis. This contrast approach estimates the amount of adduct in protein samples. Low Density Lipoprotein (LDL) is a type of cholesterol that becomes harmful when it gets oxidized. This is why it is usually regarded as 'bad cholesterol'.

Oxidized forms of LDL accumulate at the arterial inner lining. Atherosclerosis, which can cause stroke or heart attack, is a condition that occurs in macrophages due to cholesterol and related lipid molecules' accumulation. Here, the notable fact is that the oxidation of lipid molecules affects both the protein and lipid components of LDL. 4-HNE and MDA are reactive aldehyde products that have the ability to covalently bind to the epsilon amino groups of Lysine residues present in Apolipoprotein B-100. This interaction results in the production of HNE-Lysine and MDA-Lysine adducts. These adducts are also respectively known as MDA-LDL and HNE-LDL. It is compelling to heed that advanced glycosylation does occur with similar covalent linkages. The estimation of oxidized LDL via ELISA can be from serum or plasma.

Previously, MDA quantitation was performed through treatment with Thio Barbituric Acid Reactive Substances (TBARS). This analysis was done to know the amount of lipoprotein. In the context of biological samples, this test attributes non-precise and abject results. The adducts of HNE-Lysine and MDA-Lysine are comparatively stable and their quantitative assessments are preferred for biological samples. With the finding of isoprostanes as lipid peroxidation products, an advanced prospect of lipid peroxidation's indirect estimation has been disclosed. This estimation of isoprostanes is *in vivo* and it is performed by Gas Chromatography Mass Spectrometry (GCMS) or ELISA.

The exposable lipids at biological membranes eagerly react with Reactive Oxygen Species (ROS), in consequence of which lipid peroxidation occurs. ROS act as oxidants. Due to their unsteady double bonds, PUFAs are extensively vulnerable to ROS-mediated peroxidation. A non-apoptotic cell death that is dependent upon Iron is regarded as ferroptosis. It has been reported that the phenomenon of lipid peroxidation is the concluding stimulation of ferroptosis. Radiation-induced cell death or radiotherapy is performed to terminate cancer cells. This practice often contributes to lipid peroxidation-mediated ferroptosis. There are multiple techniques for estimating peroxidation of lipids in radiation-exposed cells. The treatment conditions are altered as per the variation of lipid peroxidation estimation.

As stated by Niki and Walling, lipid peroxidation was initially investigated in the 1930s, and it was associated with food degeneration. Besides controlling multiple significant cytological activities because they form prime constituents of biological membranes, the lipid molecules comprise a potential category of hormones because they can attribute various critical enzymatic activities. Well, categorizing lipids as hormones does not primarily lie upon raising a chemical reaction rate as what typical enzymes do but the performance of autocrine, paracrine, and endocrine activities. Autocrine activity is the release of biochemicals from a cell that act upon that cell. Paracrine activity is the liberation of biochemical from a cell whose action is upon another cell, whereas endocrine activity involves ransoming of biochemicals into the bloodstream so that their action is on distantly located cells, tissues, or organs. The liberated biochemicals of action are usually hormones. Investigations suggest that the process of peroxidation in lipids progresses via three means. They are free radical-induced oxidation, free radical unmediated non-enzymatic oxidation, and free radical unmediated enzymatic oxidation. Excessive health impacts are observed with free radical-induced or mediated oxidation. The blood plasma of a healthy human being contains less than 0.1%, which is below 1 micro-molar of lipid peroxidation products as compared to their lipid counterparts. Remarkable effects in biological membranes are due to increased concentrations of lipid peroxidation end products, including membrane-bound enzymes' deactivation, essential fatty acids' dissipation, rise in permeability of membranes, and reduction in membrane fluidity. In the case of cancer, aging, neurological disorders and cardiovascular diseases, it has been proven that more products of lipid peroxidation are carcinogenic and mutagenic. Extensive oxidative damage transpires intensely at the membranes of microsomes and plasma membranes of liver cells or hepatocytes. There is an increased rate of atherosclerosis and related diseases in vessels due to moderation in proinflammatory and proatherogenic lipoproteins. The moderation is prompted by peroxidation in lipids. Besides this, multiple oxidative stress-paved diseases are persuaded by the end products of lipid peroxidation. Some lipid peroxidation products are chemically reactive. The reactivity is towards the Sulfhydryl (-SH) or thiol groups of Cysteine residues and amino (-NH₂) groups of Lysine and Histidine residues of steady adduct-forming protein molecules. These adducts employ cytotoxic impacts, which furnish the cytology of numerous neurodegenerative disorders. Cytological death increases and cytological working decreases are induced by unsaturated carbonyl compounds. This is due to their reactive nature. These compounds can be hydroxycholesterol, epoxycholesterol, ketocholesterol, hydroxyl fatty acids, lysophosphatidylcholine and lipid hydroperoxides. Individuals with cervical cancer face changes in the activity of Sodium ion-Potassium ion ATPase. This change is in their Red Blood Cells (RBCs), which are otherwise regarded as erythrocytes or Red Blood Corpuscles. This change alters the molar ratio of cholesterol-phospholipid due to lipid peroxidation surge. The production of lipid peroxidation products is prescribed to be properly regulated. With this proper regulation, mediation of cytological signaling and modulation of gene expression can be achieved. These accomplishments are significant from a physiological point of view.

Consumption of ethanol in extensive amounts positively influences the synthesis of free radicals, glutathione reduction, and lipids' peroxidation. Due to the peroxidation of lipids, toxicity in liver cells is attributed to the association of

Cadmium, Sodium vanadate, halogen (Iodine or Chlorine), Iodoacetamide, Chloroacetamide, acrylonitrile or hydroperoxides with hydrocarbons.

Refinement in the structures of DNAs and proteins by Lipid peroxidation Derived Aldehydes (LDA) like crotonaldehyde, 4-HNE, MDA and acrolein exhibit multiple pathological effects. Deoxy Guanosine (dG) can be associated with unsaturated aldehydes that produce adducts. Cancers resulting from mutation can occur due to the scope of interaction between the four DNA bases and LDA. The interactions are of variable strength based on what nitrogenous base is involved. DNA nitrogenous bases can be of four types: Adenine, Guanine, Thymine, and Uracil. At times of carcinogenesis, adducts of DNA and 4-HNE serve as significant biomarkers of stress resulting from oxidation. Variation in the barrier between blood and brain is incited by hydroxyalkenals in neuropsychiatric disarray.

LDAs induce or suppress transcription factors which correspondingly initiate or halt gene expression. This is achieved by covalent modification of transcription factors by LDAs, which in turn leads to adduct formation with glutathione, amino acids and nucleic acids. Multiple polyphenols derived from plants can be applied to treat diseases resulting from lipid peroxidation. This is because polyphenols are able to change the structure of cytological LDAs. Enzymes like carbonyl reductase, aldo-keto reductase, and glutathione S-transferase catalyze LDA's metabolic reactions. These enzymes have promising treatment abilities against cancer-related oxidative stress.

Moving on to the context of Trypan Blue staining, it is interesting to note that apart from Trypan Blue, two extensively utilized dyes in the calibrated staining assessment are Thioflavin T and Congo Red. However, in the portrayal of proteins from amyloidogenesis, the usage of these dyes has been excluded due to the attribution of incorrect and vague outcomes and the need for costly machinery. As per the advantage in possession, Ultra Violet-Visible (UV-Vis) spectroscopy is implemented to manifest amyloid fibril. Interaction with Beta 2 microglobulin fibrils is established via amalgamation with Trypan Blue solution. It is accompanied by UV-Vis spectroscopic quantitative detection. It is investigated that during the precise association between Trypan Blue and microglobular fibrils, there is a remarkable relocation of maximum absorbance at a particular wavelength. There is also a rise in absorbance corresponding to the increase in fibril concentration. Besides Trypan Blue, other stains can also be used for UV-Vis-mediated spectroscopic estimation. These stains can be Propidium iodide, Calcein Acetoxy Methyl (AM) or 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) for which specific methods of preparation are developed. Detecting microglobulin via this technique contributes significantly to diagnosing contagious spongiform encephalopathy and Alzheimer's disease.

Amyloidosis is a pathological disease in which multiple protein molecules precisely accumulate into extensive, excessive cytological and non-covalently collected amyloid fibrils. Progress of the disorder is via the accumulation of soluble proteins into their fibrillar counterparts, which are composed of the secondary structures of proteins known as Beta pleated sheets. The Beta-pleated sheet is a set of arrays or strands of amino acid residues that are turned so that the adjacent strand runs in either a parallel or anti-parallel direction. Each array of strands is regarded as the primary structure of proteins, and the turns exclusively form another type of secondary protein structure. Beta 2 microglobulin is a protein composed of Beta-pleated sheets and is vulnerable to synthesizing the fibrils, which is evident from the light chain of type I Major Histocompatibility Complex (MHC). Beta 2 microglobulin has a sandwich motif and molecular mass of 12 kilo Dalton (kDa). The steadiness of the structure is achieved with a single disulfide bond and multiple hydrophobic interactions. The disulfide bond is created by the oxidation of the Sulfhydryl (-SH) or thiol group of Cysteine residues leading to the attachment of the two groups and, in turn, the two residues. The resulting structure is regarded as Cystine. As is evident from the name, the hydrophobic interactions are among hydrophobic side chain-bearing amino acid residues such as Alanine, Glycine, Valine,

Leucine, Isoleucine, Methionine, Phenylalanine, Tryptophan, and Proline. Amyloid plaques and microglobular fibrils are produced by the accumulation of Beta 2 microglobulins. This accumulation is found in durable hemodialysis. The Beta strands are aligned at 90° with respect to the fibril's axis. This arrangement is present in the Beta proteins found in cases of Alzheimer's disease and in the prion proteins found in cases of Creutzfeld-Jacob disease and contagious spongiform encephalopathies.

In truncated organisms from which amyloid aggregates are differentially isolated from the brain and in *ex vivo* cultures, Beta 2 microglobulins are devoid of six amino acid residues from the N terminal. This contributes to amyloidogenicity. Speaking of *ex vivo* cultures, it should not be confused with *in vitro* counterparts. The concept of *ex vivo* involves culture outside a living

organism's body where the cells are isolated from the organism, while the concept of *in vitro* lies in cell culture outside the body of a living organism where the cells are created in the laboratory. In high ionic strength and acidic environments, the disulfide bonds are reduced, which leads to the breaking of Cystine to two Cysteine amino acid residues in Beta 2 microglobulin. This, in turn, is followed by producing an amateur curvilinear structure of fibrils. The mechanism of fibril structure synthesis is still being studied for further investigation. Beta 2 microglobulin fibrillogenesis detection is only achieved through staining. The stains that are used in this case are Thioflavin (ThT) and Congo Red. Trypan Blue and Congo Red are azo dyes that attach precisely to the Beta-pleated sheets. The interaction of Beta pleated sheets with Congo Red exhibits a green birefringence when visualized under a polarization microscope,

while the interaction of Beta pleated sheets and Trypan Blue attribute blue coloration. Well, speaking of 'birefringence,' it is basically a bifurcation of radiation that gives rise to parallel radiations that are polarised at 90°. Beta 2 microglobulin possesses a fibrillar quaternary structure. These quaternary structures particularly interact with ThT stain.

Examination with Trypan Blue observed absorbance for corresponding and variable stain amounts at UV-Vis spectroscopy. Absorbance is plotted against wavelength on a nanometre scale. As the wavelength is an independent variable, it is plotted at the horizontal X-axis, and absorbance, being a dependent variable, is plotted at the vertical Y-axis. This plotting gives rise to curves that are bell-shaped in nature. The two criteria are plotted to demonstrate the absorbance spectra of Trypan Blue-microglobular fibril association, Trypan Blue-microglobulin monomer association and exclusive Trypan Blue (Control). In the condition of Control where Beta 2 microglobulin monomer or fibril are absent and different amounts of Trypan Blue are considered, no remarkable relocation in absorption spectra is noticed. Similarly, minor alterations in the absorption spectra are observed with the implementation of Trypan Blue-microglobulin conjugates in the corresponding 1:2 ratio. Well, the reposition in absorption spectra is notable in the case of Trypan Blue-fibril conjugate. The absorbance surge is maximum at 607 nanometres of wavelength.

The impact of alteration in incubation time upon estimation is investigated as well. A mixture of 60 micro-molar Trypan Blue and 50 micro-molar fibrils is developed to analyze absorbance alterations at 0 minutes, 180 minutes, and 270 minutes. A conclusion drawn from the analysis suggests that the absorbance gets raised as the fibril incubation is done for longer periods of time. The concentration of Beta 2 microglobulin monomer and Beta 2 microglobular fibrils are assorted with a specific quantity of Trypan Blue. It is evident that there is no remarkable repositioning in absorption spectra for the microglobulin monomer. In the case of varying concentrations of Beta 2 micro globular fibrils, which range from 60 microlitres to 140 microlitres, being introduced to 60 microlitres of Trypan Blue solution, a minor rise in absorption spectra is detected. It is prescribed that the amount of microglobulin monomer or microglobular fibril be kept higher than that of Trypan Blue.

At neutral pH (negative logarithm of Hydrogen ion concentration), the indigenous Beta 2 microglobulin is steady. Interestingly, this Indigenous and steady state of Beta 2 microglobulin is sensitive towards fibril synthesis, although the incubation has been run for a long time. Hence, *in vitro*, Beta 2 microglobular fibril production requires an acidic medium. Besides an acidic medium, there is also a need for high ionic strength in the medium or solution for the synthesis of these fibrils. The recommended pH for fibril production is less than 5. Linear and lengthy fibrils of polymers are attained at an ionic strength of 50 milli Molar concentration and a pH of about 2.5. The bent structure is acquired at an ionic strength of 400 milli Molar concentration with a pH of 1.5 and 5. It is obvious that structures of protofibrils are fabricated at a pH of 3.6 before the build-up of fibrils. The dissolution of Beta 2 microglobulin monomers is done in citrate buffer having 100 milli Molar Potassium chloride (KCl) solution at 2.5 pH. Citrate buffer is a solution of sodium citrate and citric acid that aids in maintaining acidic pH and preventing Nitrogen-based hydrolysis. It is also regarded as McIlvaine buffer. This solution of Beta 2 microglobulin is sometimes combined with the solution of disrupted Beta 2 microglobular fibrils. The rate of fibril synthesis is increased if the amount of Beta 2 microglobulin is raised to about 100 micro-molar solution. Incubation temperature is comparable to body temperature, and 37°C is required for the fibrils to get synthesized.

The shifts in the absorption spectra are minute in the case of Trypan Blue-Beta 2 microglobulin monomer conjugate or significant in the case of Trypan Blue-Beta 2 microglobular fibril conjugate, suggesting the association of Trypan Blue with the Beta pleated sheets in secondary or tertiary structures. Well, the stain-monomer or stain-fibril conjugate possessing Beta sheet structure can be properly demonstrated with the binding of Congo Red. The notified precise association is supported by the symmetric nature of the Trypan Blue stain and the presence of Hydrogen binding sites.

Nudging of peaks of absorption is performed to achieve evidence. From here, it can be concluded that the dye attaches at various positions of the fibrils. These attachments occur as a result of alterations in conformations corresponding to the conversion from a monomeric state to a fibrillar state. To confirm the association of Trypan Blue with Beta 2 microglobular fibrils, fibril extension analysis is performed. This assay raises incubation time, and the Beta 2 microglobular fibrils are kept constant. It is evident from kinetic investigations that the formation of fibril can be detected by Trypan Blue stain. The impact of varying quantities of monomers and fibrils upon a constant amount of the dye is studied for more verification of Trypan Blue and monomer or fibril association. With the passage of incubation time, it is observed that the absorbance is increased by the enhancement of fibril concentration at a constant concentration of Trypan Blue. This remarks the specific association of Trypan Blue with Beta 2 microglobular fibrils.

It has been proved that there is a red repositioning in the absorption spectra, which is conclusive enough that Trypan Blue is precisely associated with Beta 2 microglobular fibrils. The proteins that persuade in creating the fibrils are prion proteins, A Beta peptide, and Alpha-synuclein. Prion proteins are found in the case of contagious spongiform encephalopathy, Beta proteins are found in the case of Alzheimer's disease, and Alpha-synuclein is found in the case of Parkinson's disease [2].

References:

- [1] M. Zana, Z. Janka, and J. Kálmán, "Oxidative stress: A bridge between Down's syndrome and Alzheimer's disease," *Neurobiology of Aging*, vol. 28, no. 5, pp. 648–676, May 2007, doi: 10.1016/j.neurobiolaging.2006.03.008.
- [2] M. T. Panlilio, C. Espiritu, N. Quiming, R. Vergel, M. Reyes, and J. Villanueva, "Specific Binding of β 2Microglobulin with Trypan Blue," *Journal of Health Science - J HEALTH SCI*, vol. 51, pp. 702–707, Dec. 2005, doi: 10.1248/jhs.51.702.